

DETOX RETREATS  
WITH PATH OF LIFE HEALING CENTER  
**LIST OF ADDITIONAL SERVICES WITH COST**



<b>Service</b>	<b>Time / Cost</b>
<input type="checkbox"/> <b><i>Colon Hydrotherapy</i></b>	<b><i>\$125</i></b>
Just as it states, this is the introduction of water into the large colon/intestines to flush it with water removing noxious wastes matter.	
<input type="checkbox"/> <b><i>Constitutional Hydrotherapy</i></b>	<b><i>30 min (\$110)</i></b>
This treatment has the potential to gently stimulate the autonomic nervous system to restore equilibrium, reduce the overall stress response on the body, improve the immune system, nervous system, respiratory system, digestive systems, and detox organs. This is a wonderful, timed alternating method of hot and cold towels.	
<input type="checkbox"/> <b><i>Herbal Compress Rubdown</i></b>	<b><i>30 min (\$110)</i></b>
Relaxing and energizing. Aromatic herbal balls are rubbed over the body working deeply into the tissues to help relieve muscle tension, optimize blood circulation, and produce relaxation and detoxification.	
<input type="checkbox"/> <b><i>Detoxifying Body Wrap</i></b>	<b><i>45 min (\$110)</i></b>
Our aloe and herbal wraps are a treatment that helps to cleanse and detoxify the lymphatic system and fat cells promoting overall health. Adipose tissue stores toxins. Thus, wraps assist in cleansing fat tissue and the lymphatic system of wastes, heavy metals, and other toxins.	
<input type="checkbox"/> <b><i>Foot Soak</i></b>	<b><i>30 min (\$50) Foot Soak Only   <input type="checkbox"/> with Massage 30 min (\$90)</i></b>
The herbal foot soak is mineral rich and has a therapeutic effect to help with pain relief, foot health, nervous system health, circulation, muscle relaxation, and detoxification. Foot soaks are known to have an effect upon your whole-body health due to the many nerve endings in your feet.	
<input type="checkbox"/> <b><i>V-Steam/Yoni Steam</i></b>	<b><i>30 min (\$70)</i></b>
A modest service which is an herbal facial for your lady parts to refresh you and mainly to assist in hormonal balancing, stress relief, creating a sense of peace and the start of releasing blockages.	
<input type="checkbox"/> <b><i>Hair Mineral Analysis</i></b>	<b><i>\$250</i></b>
Check for mineral deficiencies and for heavy metal contamination detracting from your health. This test should be done at least 3 weeks prior to the retreat to make sure to get the results back in time to be included in the programming. Results takes at least 2 weeks to be returned. Also, this involves cutting an ounce of the hair at the nape of the neck and behind the ears (new growth is necessary and best)	
<input type="checkbox"/> <b><i>Therapeutic Walk</i></b>	<b><i>30 min (\$30)</i></b>
A therapeutic walk is a time to have the specialist walk with you to receive exclusive personal counsel during the walk to refresh oneself.	

**NOTE:** These additional services can be paid for in advance, if you know beforehand what service you will want to engage in. Otherwise, you can pay for these additional services onsite.